

# The Saheeh International Quran Translation

لَقَدْ جَاءَكُمْ رَسُولٌ مِّنْ أَنفُسِكُمْ عَزِيزٌ عَلَيْهِ مَا عَنِتُّمْ حَرِيصٌ عَلَيْكُم بِالْمُؤْمِنِينَ رَءُوفٌ  
رَّحِيمٌ

There has certainly come to you a Messenger from among yourselves.

Grievous to him is what you suffer; [he is] concerned over you and to  
the believers is kind and merciful.