

## The Saheeh International Quran Translation

لَتَسْتَوُوا عَلَىٰ ظُهُورِهِ ثُمَّ تَذْكُرُوا نِعْمَةَ رَبِّكُمْ إِذَا اسْتَوَيْتُمْ عَلَيْهِ وَتَقُولُوا سُبْحَانَ الَّذِي سَخَّرَ  
لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ

That you may settle yourselves upon their backs and then remember the  
favor of your Lord when you have settled upon them and say. "Exalted  
is He who has subjected this to us, and we could not have [otherwise]  
subdued it.