

The Saheeh International Quran Translation

فَاصْبِرْ عَلَىٰ مَا يَقُولُونَ وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ طُلُوعِ الشَّمْسِ وَقَبْلَ غُرُوبِهَا ^{صَلِّ} وَمِنْ أَنَاءِ
الَّيْلِ فَسَبِّحْ وَأَطْرَافَ النَّهَارِ لَعَلَّكَ تَرْضَىٰ

So be patient over what they say and exalt [Allah] with praise of your

Lord before the rising of the sun and before its setting; and during

periods of the night [exalt Him] and at the ends of the day, that you

may be satisfied.