The Saheeh International Quran Translation

وَأَلْقَىٰ فِي الْأَرْضِ رَوَاسِيَ أَن تَمِيدَ بِكُمْ وَأَنْهَارًا وَسُبُلا لَّعَلَّكُمْ تَهْتَدُونَ

And He has cast into the earth firmly set mountains, lest it shift with

you, and [made] rivers and roads, that you may be guided,