The Saheeh International Quran Translation مَن كَانَ يَظُن ُّ أَن لَّن يَنصُرَهُ اللَّهُ فِي الدُّنيَا وَالآخِرَةِ فَلْيَمْدُدْ بِسَبَبٍ إِلَى السَّمَاءِ ثُمَّ لَيقْطَعْ فَلْيَنظُرْ هَلْ يُذْهِبَنَ ّ كَيْدُهُ مَا يَغِيظُ

Whoever should think that Allah will not support [Prophet Muhammad] in this world and the Hereafter - let him extend a rope to the ceiling, then cut off [his breath], and let him see: will his effort remove that which enrages [him]?