## The Saheeh International Quran Translation

هُوَ الَّذِي جَعَلَ لَكُمُ ٱلأَرْضَ ذَلُوًلا فَامْشُوا فِي مَنَاكِبِهَا وَكُلُوا مِن رِّزْقِهِ ۖ وَإِلْيهِ النُّشُورُ

It is He who made the earth tame for you - so walk among its slopes

and eat of His provision - and to Him is the resurrection.