The Saheeh International Quran Translation

وَأَتُمُ وَا الْحَجَ ۚ وَالْعُمْرَةَ للَّهُ فَإِنْ أَحْصِرْتُمْ فَمَا اسْتَيْسَرَ مِنَ الْهَدْيِ وَلا تَحْلِقُوا رُءُوسَكُمْ حَدَّى يَبْلُغَ الْهَدْيُ مَحلَّهُ فَمَن كَانَ مِنكُم مَّ رِيضًا أَوْ بِهِ أَذًى مِّ ن رَّ أُسِهِ فَفِدْيَةً مِّ ن صِيَامٍ أَوْ صَدَقَة أَوْ نُسُكِ فَإِذَا أَمِنتُمْ فَمَن تَمَدَّ عَ بِالْعُمْرَةِ إِلَى الْحَجِ ّ فَمَا اسْتَيسَرَ مِنَ الْهَدْي فَمَن لَّمْ يَجِدْ فَصِيَامُ ثَلاَثَةِ أَيَّامٍ فِي الْحَجِ ۗ وَسَبْعَةِ إِذَا رَجَعْتُمْ ۚ تِلْكَ عَشَرَةً كَامِلَةً ۚ ذَٰلِكَ لِمَن لَّمْ يَكُنْ أَهْلُهُ حَاضِرِي الْمَسْجِدِ الْحَرَامِ وَاتَّقُوا اللَّهَ وَاعْلَمُوا أَنَّ اللَّهَ شَديدُ الْعَقَابِ And complete the Hajj and 'umrah for Allah. But if you are prevented, then [offer] what can be obtained with ease of sacrificial animals. And do not shave your heads until the sacrificial animal has reached its place of slaughter. And whoever among you is ill or has an ailment of the head [making shaving necessary must offer] a ransom of fasting [three days] or charity or sacrifice. And when you are secure, then whoever performs 'umrah [during the Hajj months] followed by Hajj [offers]

what can be obtained with ease of sacrificial animals. And whoever cannot find [or afford such an animal] - then a fast of three days during Hajj and of seven when you have returned [home]. Those are ten -complete [days]. This is for those whose family is not in the area of al Masjid al-Haram. And fear Allah and know that Allah is severe in penalty.