

## The Saheeh International Quran Translation

الْحَجُّ أَشْهُرٌ مَّعْلُومَاتٌ<sup>ج</sup> فَمَنْ فَرَضَ فِيهِنَّ الْحَجَّ فَلَا رَفَثَ وَلَا فُسُوقَ وَلَا جِدَالَ فِي  
الْحَجِّ<sup>ف</sup> وَمَا تَفْعَلُوا مِنْ خَيْرٍ يَعْلَمْهُ اللَّهُ<sup>ق</sup> وَتَزَوَّدُوا فَإِنَّ خَيْرَ الزَّادِ التَّقْوَى<sup>ج</sup> وَاتَّقُونِ يَا أُولِي  
الْأَلْبَابِ

Hajj is [during] well-known months, so whoever has made Hajj obligatory upon himself therein [by entering the state of ihram], there is [to be for him] no sexual relations and no disobedience and no disputing during Hajj. And whatever good you do - Allah knows it. And take provisions, but indeed, the best provision is fear of Allah. And fear Me, O you of understanding.