The Saheeh International Quran Translation * وَقَضَىٰ رَبُّكَ أَلَّا تَعْبُدُوا إِلَّا إِيَّاهُ وَبِالْوَالِدَيْنِ إِحْسَاًنَا ۖ إِمَّا يَبْلَغَنَ^{ّتَ} عِندَكَ الْكِبَرَ أَحَدُهُمَا أَوْ كِلاهُمَا فَلا تَقُل آَهُمَا أُف[ِ] وَلا تَنْهَرْهُمَا وَقُل آَهُمَا قَوَّلا كَرِيمًا

And your Lord has decreed that you not worship except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], "uff," and do not repel them but speak to them a noble word.