

The Saheeh International Quran Translation

فَكُلِّي وَاشْرَبِي وَعَيْنًا عَلَيْنَا فِيمَا تَرِينَ ۗ مِنْ الْبَشَرِ أَحَدًا فَقُولِي إِنَّي نَذَرْتُ لِلرَّحْمَنِ صَوْمًا
فَلَنْ أَكَلِمَ الْيَوْمَ إِنْسِيًّا

So eat and drink and be contented. And if you see from among
humanity anyone, say, 'Indeed, I have vowed to the Most Merciful
abstention, so I will not speak today to [any] man.' "