The Saheeh International Quran Translation وَاذْكُرُوا إِذْ آنَتُمْ قَلِيلٌ مُّسْتَضْعَفُونَ فِي الأَرْضِ تَخَافُونَ آن يَتَخَطَّفَكُمُ النَّاسُ فَآوَاكُمْ وَأَيْآَدَكُم بِنَصْرِهِ وَرَزَقَكُم مِرِّنَ الطَّيِّبَاتِ لَعَلَّكُمْ تَشْكُرُونَ

And remember when you were few and oppressed in the land, fearing that people might abduct you, but He sheltered you, supported you with His victory, and provided you with good things - that you might be grateful.