

## The Saheeh International Quran Translation

\* يَا بَنِي آدَمَ خُذُوا زِينَتَكُمْ عِنْدَ كُلِّ مَسْجِدٍ وَكُلُوا وَاشْرَبُوا وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ  
الْمُسْرِفِينَ

O children of Adam, take your adornment at every masjid, and eat and  
drink, but be not excessive. Indeed, He likes not those who commit  
excess.