

The Saheeh International Quran Translation

يُقَلِّبُ اللَّهُ اللَّيْلَ وَالنَّهَارَ ۚ إِنَّ فِي ذَلِكَ لَعِبْرَةً لِّأُولِي الْأَبْصَارِ

Allah alternates the night and the day. Indeed in that is a lesson for
those who have vision.