The Saheeh International Quran Translation

فَعَقَرُوهَا فَقَالَ تَمَتَّعُوا فِي دَارِكُمْ ثَلاَثَةَ أَيَّامٍ ذَٰلِكَ وَعْدُ غَيْرُ مَكْذُوبٍ

But they hamstrung her, so he said, "Enjoy yourselves in your homes for

three days. That is a promise not to be denied."