The Saheeh International Quran Translation

كَالَّذِينَ مِن قَبْلِكُمْ كَانُوا أَشَدَّ مِنكُمْ قُوَّةً وَأَكْثَرَ أَمْوَالا وَأَوْلادًا فَاسْتَمْتَعُوا بِخَلاقِهِمْ فَوَلَّا وَالْآذِينَ مِن قَبْلِكُم بِخَلاقِهِمْ وَخُضْتُمْ كَالَّذِي خَاضُوا فَاسْتَمْتَعْتُم بِخَلاقِهِمْ وَخُضْتُمْ كَالَّذِي خَاضُوا أَوْلِئِكُ مَ بِخَلاقِهِمْ وَخُضْتُمْ كَالَّذِي خَاضُوا أُولِئِكُ مَ بِخَلاقِهِمْ الْخَاسِرُونَ أُولِئِكَ هُمُ الْخَاسِرُونَ

[You disbelievers are] like those before you; they were stronger than you in power and more abundant in wealth and children. They enjoyed their portion [of worldly enjoyment], and you have enjoyed your portion as those before you enjoyed their portion, and you have engaged [in vanities] like that in which they engaged. [It is] those whose deeds have become worthless in this world and in the Hereafter, and it is they who are the losers.