

## The Saheeh International Quran Translation

\* كُلُّ الطَّعَامِ كَانَ حَلَالًا لِّبَنِي إِسْرَآئِيلَ إِلَّا مَا حَرَّمَ إِسْرَآئِيلُ عَلَىٰ نَفْسِهِ مِن قَبْلِ أَن تُنَزَّلَ التَّوْرَةُ ۚ قُلْ فَأْتُوا بِالتَّوْرَةِ فَاتْلُوهَا إِن كُنتُمْ صَادِقِينَ

All food was lawful to the Children of Israel except what Israel had made unlawful to himself before the Torah was revealed. Say, [O Muhammad], "So bring the Torah and recite it, if you should be truthful."