

## The Saheeh International Quran Translation

أَحِلَّ لَكُمْ صَيْدُ الْبَحْرِ وَطَعَامُهُ مَتَاعًا لَّكُمْ وَلِلسَّيَّارَةِ<sup>ط</sup> وَحُرِّمَ عَلَيْكُمْ صَيْدُ الْبَرِّ مَا دُمْتُمْ  
حُرْمًا<sup>ق</sup> وَاتَّقُوا اللَّهَ الَّذِي إِلَيْهِ تُحْشَرُونَ

Lawful to you is game from the sea and its food as provision for you  
and the travelers, but forbidden to you is game from the land as long as  
you are in the state of ihram. And fear Allah to whom you will be  
gathered.